



A celebration of culture, community and connection to the land.

Island Echoes with Nornie Bero

premieres Wednesday 8 January

Interviews available

Trailer available [here](#)

Screener and images available [here](#)

This January, join acclaimed Torres Strait Islander chef and cultural ambassador **Nornie Bero** on a vibrant journey through the breathtaking landscapes and rich traditions of her homeland in her brand-new series, ***Island Echoes with Nornie Bero***. Premiering on **NITV** and **SBS On Demand** on **Wednesday 8 January at 8:30pm**, and **Monday 13 January at 7:30pm** on **SBS Food**, Nornie explores the unique stories, flavours and histories of the Torres Strait Islands, showcasing the diverse cultures that thrive in this remote paradise.

Known for her passion for Indigenous cuisine and storytelling, Nornie invites viewers into her world as she cooks traditional dishes using locally sourced ingredients, while also sharing the customs of her Ancestors. From fishing with local communities to participating in traditional ceremonies, Nornie connects the past with the present, highlighting the resilience and creativity of the Torres Strait people.

Island Echoes with Nornie Bero is not just a cooking show; it's a celebration of culture, community, and connection to the land. Each episode includes a feast, where Nornie and her guests reflect on the importance of heritage, sustainability, and the power of food to bring people together.

In the series, Nornie returns to her roots on Mer Island, a place steeped in cultural significance and personal memories, where she reflects on her journey as a chef and cultural advocate while reconnecting with the vibrant community that shaped her.



Throughout the journey, discover traditions that have been passed down through generations and explore many incredible locations and recipes of the Torres Strait including island scallops with ocean seasoning in Badu Island, musu steak with wattle seed in Moa and a delicious fresh Masig seafood platter in Masig.

In *Island Echoes*, discover the echoes of the past that resonate through the vibrant culture of the Torres Strait Islands and be inspired to cherish and celebrate the stories that shape our world.

Host, Nornie Bero said: "As an island girl, this series is incredibly close to my heart. *Island Echoes* is a chance to share the beauty of my home, the Torres Strait. It's not just about the stunning oceans, the lush scenery, or the rich history of the place, it's about the people. The Torres Strait is home to such incredible individuals, whose knowledge, culture, and warmth are a big part of what makes this place so special. I want viewers to experience that magic firsthand, and of course the food. From the reef to the backyard gardens, we have access to some of the most delicious, fresh produce right at our doorstep. I'm so excited to showcase all of this in *Island Echoes*, and I hope that it inspires people to explore this amazing destination and learn from the incredible people who call it home."

NITV Head of Indigenous Commissions and Production, Dena Curtis said: "NITV is delighted to have "*Island Echoes with Nornie Bero*". featured in our summer program. We look forward to welcoming Nornie to the NITV family as she reconnects with friends and family, the beautiful coastlines and stories of the Torres Strait. *Island Echoes* is a spectacle of ingredients sourced from the land and sea as Nornie prepares mouthwatering dishes inspired by her of home islands."

SBS Head of Entertainment and Food, Emily Griggs said: "SBS Food is thrilled to welcome Nornie Bero with her own series, *Island Echoes*, celebrating the incredible flavours and traditions of the Torres Strait Islands. After hosting *The Cook Up* for NAIDOC Week the past few years, we're thrilled Nornie now takes us to her home and shares Indigenous ingredients and recipes, with her signature modern twist. Set in the stunning islands, *Island Echoes* showcases fresh and flavourful dishes that highlight the unique food culture of the Torres Strait.

Island Echoes with Nornie Bero is a co-commission series produced by Dual Entertainment for NITV and SBS Food.

Dual Entertainment Executive Producers Rikki-Lee Lacco and Darren Anderson said: ""We are incredibly proud to present *Island Echoes*, a celebration of the Torres Strait Islands' vibrant culture and culinary heritage. Collaborating with acclaimed Indigenous chef Nornie Bero was an honour. Her passion and deep connection to the islands brought authenticity and heart to



the series. Filming on the breathtaking Torres Strait Islands was a transformative experience, capturing rich stories, stunning landscapes, and local traditions. Partnering with NITV and SBS Food allowed us to share these voices on a national platform, creating a show that's more than food, it's a celebration of identity, connection, and the power of storytelling."

***Island Echoes with Nornie Bero* will premiere on Wednesday, 8 January at 8.30pm on NITV and SBS On Demand, and Monday, 13 January at 7:30pm on SBS Food. Captions in English and subtitles in Arabic, Simplified Chinese, Traditional Chinese, Korean and Vietnamese will be available on SBS On Demand.**

Screeners and images for media use are available on the SBS Screening Room.

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Nornie Bero Biography

Nornie Bero is an Island girl from the Komet Tribe of the Meriam people in the Torres Strait. With over 25 years of experience as a professional chef, she is dedicated to showcasing native ingredients as the stars of the Australian kitchen. As the founder and CEO of Mabu Mabu, Nornie leads a native foods business that includes a flagship restaurant in Federation Square, a catering service, and a range of retail products. She is also the author of her own cookbook, an ambassador for COLES, and a 'Friend of Australia' as part of the Tourism Australia program. Nornie has appeared in several TV shows, including Zac Efron's '*Down to Earth*' series on Netflix and '*The Cook Up with Adam Liaw*' on SBS Food.