

## Media Release



# New series **Memory Bites with Matt Moran** stirs up nostalgia with a taste of the past

Join Richard Roxburgh, Pia Miranda, Ross Noble, Danielle Cormack, Courtney Act and Christine Anu as they travel back to pivotal moments in their life through their most cherished dishes

Premieres Monday 10 March at 7.30pm on SBS Food and SBS On Demand

**\*Interviews Available\***

Watch the trailer [here](#)  
Images available [here](#)  
Screeners available [here](#)

We all have a “memory bite” – a dish that unlocks a treasure trove of memories and reminds us that food is a gateway to the stories and emotions that shape who we are. In the brand-new series **Memory Bites with Matt Moran**, the iconic chef and restaurateur transports beloved famous faces back to pivotal moments in their life through the power of heart-warming recipes and conversation. The six-part series premieres **Monday 10 March at 7:30pm on SBS Food and SBS On Demand** and shows the way to the heart is through the stomach with flavours rich in sincerity, warmth, and humour.

With an incredible line up of guests joining Matt in the kitchen, in **Memory Bites with Matt Moran**, they all get the one-on-one treatment as they talk through their most defining food memories.

The celebrated chef uses a ‘memory box’ to reveal surprising relics that speak to the special memories of guests including acclaimed actress and TV personality **Pia Miranda**, internationally renowned comedian **Ross Noble**, singer and songwriter **Christine Anu**, celebrated actor **Richard Roxburgh**, global entertainer **Courtney Act**, and iconic actress **Danielle Cormack**.

Matt then brings these memories to life on a plate as he recreates treasured meals from scratch that are inspired by their past, and uncovers personal stories of identity, family and history. Each dish sparks forgotten memories and candid revelations, celebrating culture, legacy, and the timeless power of food to connect us all.

Throughout the series, Matt guides his special guests through their memory bites one ingredient at a time. A life changing moment is unearthed for **Pia Miranda** when she shares how her Nonna sparked her passion for acting, **Ross Noble's** poignant memory box similarly reveals how his Grandma Edith sparked his comedy career by way of an album that was later lost in a devastating fire.

**Christine Anu** and Matt honour her Torres Strait Islander heritage with a seafood feast that evokes heartfelt memories of Christine's late father and his spearfishing legacy, while **Richard Roxburgh** too reflects on his late mother Billie's creativity and the lasting influence of her meals, sharing deeply personal revelations about his struggles with grief after her passing.

**Courtney Act** reflects on the personal challenges that shaped Shane and Courtney, and beautician mother Annette's flair for food and style, while **Danielle Cormack's** journey speaks to the unlikely influence of iconic TV chefs from New Zealand, Hudson and Halls, whose fearless spirit continues to guide her approach to life and artistry.

**Host, Matt Moran said:** "Food has this incredible ability to take us back to defining moments in our lives. In *Memory Bites*, I get to uncover the stories and memories behind some truly special dishes with some amazing Aussies. It's all about great food, great company, and those unforgettable moments that remind us why food is so powerful in bringing us together."

**Emily Griggs, SBS Head of Entertainment and Food, said:** "Food connects us to our most cherished memories. *Memory Bites with Matt Moran* highlights how shared meals bridge generations and evoke powerful emotions. SBS Food is excited to welcome Matt Moran, whose talent and warmth bring the guests memories to life. Matt recreates dishes that stir moments of love, laughter, and reflection."

***Memory Bites with Matt Moran*** is produced by Big Owl Pictures for SBS Food. The brand-new series airs Mondays from 10 March at 7.30pm on SBS Food and SBS On Demand.

**Big Owl Pictures Executive Producers, Shaun Murphy and Alexandra Jakob said:** "A Memory Bite is a dish cooked by someone we love. Watching Matt and his guests become emotional on occasion, then burst into laughter at other memories, is beautiful to watch. *Memory Bites* offers up a wonderful chapter of life through food, it's a series full of heart, tastes, memories and colour."

All six episodes of ***Memory Bites with Matt Moran*** will be available to stream on SBS On Demand with subtitles in Arabic, Simplified Chinese, Traditional Chinese, Vietnamese and Korean.

**Screeners and images for media use are available on the [SBS Screening Room](#)**

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## **Matt Moran Biography**

With 40 stellar years in the food industry behind him, a plethora of awards to his name, a handful of best-selling cookbooks under his belt, and the tour de force behind some of Australia's most celebrated dining establishments; Matt Moran is an Australian food icon. Matt opened his first restaurant, The Paddington Inn Bistro, in 1991 at just 22 years old. In 1995 he opened Moran's Restaurant and Café, which was awarded best new restaurant in the Sydney Morning Herald Good Food Guide. In 1999, at the age of 30, Matt opened his iconic two-hat restaurant, Aria, in an unparalleled location on Sydney Harbour. He continued to expand his portfolio of venues with the opening of Opera Bar, Chiswick in Woollahra, North Bondi Fish, Chophouse, Barangaroo House, and his most recent venture The Rockley Pub.

Matt is one of Australia's most recognised, celebrated and influential chefs, having hosted prime time shows such as Masterchef and Masterchef Junior, Heat in the Kitchen, The Chopping Block, My Restaurant Rules, The Bank, his own conceptualised award-winning TV show Paddock to Plate and The Great Australian Bake Off alongside Maggie Beer, on Foxtel. Matt is a published author. He has written five best-selling cookbooks: Matt Moran's Australian Food (2017), Matt's Kitchen Garden (2014), When I Get Home (2013), Dinner at Matt's (2011) and Matt Moran (2008).