

50% of all respondents
fear getting old.

72% of respondents agreed
that older people are often lonely.

44% of respondents aged between 18-24
feel a lack of connection with the older generation.

68% of people think
non-western cultures treat
their elders with more respect.

31% of people over 55 agreed with the following:
"Sometimes I feel invisible to society."

45% of people aged between 35-44 years
feel a lack of connection with the younger generation.



**WHAT
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**KEY FINDINGS
FROM THE SURVEY ON
OLD PEOPLE**

72% of respondents aged between 18-44 think old people are set in their ways.

64% of respondents aged between 18-44 think older people struggle with technology.

51% of people agreed age-based discrimination is common in Australia.

85% of people agreed we shouldn't accept age discrimination in the workplace.

53% of younger people agreed the biggest benefit older Australians can provide to society is to pass along their resources.

42% of respondents agreed younger people make assumptions about them because of their age.



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36% of younger people think older people are **better off** than younger people.

32% of people don't think it's acceptable for a woman to be with a man who is **30 years younger** than she is.

56% of people think the biggest benefit of getting older is being **wiser**.

55% of people think the biggest benefit of getting older is having the time to do the things you **want to do**.

60% of respondents aged 65 years and over said one benefit of growing old is **not caring** what other people think.



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Research conducted in collaboration with, and findings reviewed by, **Professor Nancy A. Pachana**, a clinical geropsychologist, neuropsychologist and professor in the School of Psychology at The University of Queensland, and is co-director of the UQ Ageing Mind Initiative, providing a focal point for clinical, translational ageing-related research at UQ. Professor Pachana has an international reputation in the area of geriatric mental health, particularly with her research on late-life anxiety disorders and co-developed the Geriatric Anxiety Inventory, a published brief self-report inventory in wide clinical and research use globally and translated into over two dozen

languages.

More information here: <https://researchers.uq.edu.au/researcher/967>

The national survey was conducted by **DYNATA**. The data was collected from a stratified sample of 2023 Australian adults, with 1072 female and 951 male respondents, spread across age groups, with a proportionate amount of people from each state relative to that state's population. The data was collected in February and March 2021.

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